



## Task Sheet: Listening skills and advising a fellow student

Provided by: Tallinn Construction School



### General information of task for teacher

<b>Title of the task sheet</b>	Listening skills and advising a fellow student
<b>Targeted 21<sup>st</sup> Century Skill</b>	Communication / problem solving
<b>Brief description of the competences the students will learn</b> (Including, for example what scientific theory this is based on)	Active listening, peer counseling principles.
<b>Specialty/Target group</b> <i>(If applicable)</i>	All specialties
<b>Learning outcome(s) for the vocational profession</b>	Student increases awareness and the ability to actively listen and to advise a fellow student (person) in solving his/her problem
<b>Tools needed for this lesson plan/ task sheet</b> <i>(If applicable)</i>	Paper and writing instrument (if necessary). In the case of the A-variant of the task, it is necessary to be able to solve the interactive task on the Internet.
<b>Approximate time to complete the task</b>	Ca 30-40 minutes
<b>Suggested more comprehensive methodical guide for doing/carrying out the task (for the teacher or student)</b>	The teacher can use the task in a class situation where a problem has arisen for some students: A – in life situation or B – progress in studies (professional progress) and it is possible to apply the support of a fellow student to support him or her.  The interactive task is located here: <a href="https://sisuloome.e-koolikott.ee/node/23588">https://sisuloome.e-koolikott.ee/node/23588</a>
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## Lesson plan of the task

<p><b>Warming up</b></p>	<p>This task can be used as an introduction to a lesson or topic.</p> <p>The teacher explains that listening skills are essential in creating and maintaining human relationships. A good listener not only hears, but listens, wanting to understand the other person, offer support, enjoy being with him. A good listener is also more successful at work, because he is more trusted and willing to work with him.</p> <p>The teacher continues according to the selected situation:</p> <p>A – to effectively listen to a fellow student, you need to ask questions in a benevolent tone, investigate the background and give feedback. Use to illustrate, the online task that opens: <a href="https://sisuloome.e-koolikott.ee/node/23588">https://sisuloome.e-koolikott.ee/node/23588</a></p> <p>B – the best learning method is to teach your own knowledge and skills using effective listening and advising principles.</p> <p>The teacher and students agree that if the topic is sensitive for the speaker, the principle of confidentiality will be used.</p>
<p><b>Explanation for the students at the start</b></p>	<p>Student A of communication pair: Please think of a problem in your studies (or life). Please write it down briefly. Share your concerns with another learner in a communication pair.</p> <p>Learner B of communication pair: Please listen to your fellow student's concerns using all the characteristics of active listening and advise him with supporting questions, which you will receive as a sample from the teacher. Help a fellow student to find out the root cause and to find out how best to proceed with solving the problem. When finishing the task, please thank each other.</p>
<p><b>Task description for the students</b></p>	<p>For both A and B situations: The learner(s) who have a problem situation that they want to share with a fellow learner are given a few minutes to formulate the problem (they can write it down if they wish) and then share it with another learner in a communication pair. The second learner uses all the features of active listening and advises the speaker with supporting questions, trying to help identify the</p>



	<p>root cause and to clarify how it would be best to proceed with solving the problem:</p> <ul style="list-style-type: none"><li>• What causes dissatisfaction or is it a difficulty in studying/working?</li><li>• What are the reasons that have led to this situation?</li><li>• How has the speaker himself already tried to resolve the situation?</li><li>• Or what does he think would help to resolve the situation?</li></ul>
<b>Additional activities for the students</b>	<ol style="list-style-type: none"><li>1. Think about whether there have been/are people in your life for whom you cannot concentrate on listening and why is it like that when communicating with them?</li><li>2. Name the professions where the ability to listen to another person is very important.</li><li>3. Make notes of the most important experiences for you.</li></ol>
<b>Extra resources for learners</b>	<p>If the learner is able to perform internet searches, he can search for more information on the topic independently.</p>
<b>Self-reflection for students</b>	<p>Share or write down individually which knowledge-experiences gained from the task will support you in the future.</p>
<b>Feedback on the solution (if applicable) / Possibility to check</b>	<p>The learner can independently check his knowledge about the skill of active listening through the attached online learning task.</p>



**Related information:**

Illustration "Active listening" (photo: L. Männiste)

The interactive task opens from the link: <https://sisuloome.e-koolikott.ee/node/23588>

