


Task Sheet: Empathy

Provided by: Tallinn Construction School

General information of task for teacher

Title of the task sheet	Empathy
Targeted 21st Century Skill	Communication / Flexibility / Social and cross-cultural interaction
Brief description of the competences the students will learn (Including, for example what scientific theory this is based on)	The material and the task are based on the theory of the mechanisms of personal perception.
Specialty/Target group (If applicable)	All specialties
Learning outcome(s) for the vocational profession	Student is aware to understand the influence of personal perception in the communication process, thereby being able to better understand the communication partner and communicate effectively.
Tools needed for this lesson plan/ task sheet (If applicable)	Computer, projector and screen for frontal work. For individual work, every learner has a computer if possible or the possibility to write down thoughts on paper.
Approximate time to complete the task	Depending on the methodology chosen by the teacher and the number of students 45-60 min.
Suggested more comprehensive methodical guide for doing/carrying out the task (for the teacher or student)	In the first part of the task, the „I know - I want to know - I found out“- method has been used to bring out the students' previous knowledge. A step-by-step methodical guide is given in the task.
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Lesson plan of the task

Warming up	For warming up, it is recommended to use thematic images and the „I know - I want to know - I found out“- method.
Explanation for the students at the start	The topic in this material is helpful in perceiving and understanding other people.
Task description for the students	Follow the task step by step and the instructions in the task.
Additional activities for the students	The teacher can give students additional material for independent reading on the given topic.
Extra resources for learners	Writing facility.
Self-reflection for students	Think about what new knowledge you learned from this concept of the topic. How can you



	develop your empathy? Share or write down individually which knowledge-experiences will support you in the future.
Feedback on the solution (if applicable) / Possibility to check	Feedback from teacher.

Additional information

Task and recommendations for teacher:

- 1) The „I know - I want to know - I found out“- method. The teacher asks a question and fills in the first two columns of the table based on the students' answers. Learners can do the same on the computer or on paper. The third part of the table is filled in at the end of the topic.

What does the word „empathy“ means to you?

I already know about „empathy“:	I want to know about “empathy”:	I found out about empathy:

- 2) In the process of filling in the table, the teacher can present photos showing scenes of human behavior where empathy is expressed.
- 3) The teacher distributes the table to the students, or it opens interactively if there are computers available:

The task

Read the statement! Mark the correct/incorrect mark “v”	Correct	Incorrect
1. Empathy is noticing other people's feelings		
2. Empathy is not the ability to put yourself in "other people's shoes".		
3. Empathy is the ability to understand other people's perspectives and situation.		
4. An empathic person does not think at all.		
5. An empathic person focuses only on his own needs..		
6. Egoistic people don't think about other people, they are alone.		
7. An empathic person wants to be alone.		
8. Women are on average more empathetic than men.		

- 4) The teacher gives to the students for pair work a photo(s) showing an empathetic communication scene.
Students are asked to think of a short dialogue based on the photo, what and how the people in the picture can talk about. Dialogues are presented to other students.
- 5) Students are asked analyzing themselves using the following questions:
 1. Can you notice other people's feelings? How have you behaved in this case? Please give an example from your experience.
 2. Can you put yourself in another person's situation? Have you ever tried it, share your experiences in the group.
 3. Which people do you think are egoistic and selfish? Find, for example, the character traits of such people using the example of characters from literature or movies.
 4. What are your personal characteristics in present time?
 5. What character traits do you want to develop in yourself?



- 6) When guided by the teacher, students think and discuss how they can develop empathy in themselves.
- 7) Students fill the table:

My personality traits today	My personality traits in the future