

<https://sisuloome.e-koolikott.ee/node/23588>

Name of the creator of the material	Tallinn Construction School (Lya Männiste)
Title of the lesson plan / task sheet	Listening skills and advising a fellow student
Targeted 21 st century skill	Communication and problem solving
Brief description of the competences the students will learn	Active listening, peer counseling principles.
Specialty/target group	All specialties
Learning outcome(s) for the vocational profession	Student: • increases awareness and the ability to actively listen and to advise a fellow student (person) in solving his/her problem
Tools needed for this lesson plan/ task sheet (if applicable)	Paper and writing instrument (if necessary). In the case of the A-variant of the task, it is necessary to be able to solve the interactive task on the Internet.
Approximate time to complete the task	Ca 30-40 min
Suggested more comprehensive methodical guide for doing / carrying out the task (for the teacher or student)	The teacher can use the task in a class situation where a problem has arisen for some students: A – in life situation or B – progress in studies (professional progress) and it is possible to apply the support of a fellow student to support him or her.
- Warming up	This task can be used as an introduction to a lesson or topic. The teacher explains that listening skills are essential in creating and maintaining human relationships. A good listener not only hears, but listens, wanting to understand the other person, offer support, enjoy being with him. A good listener is also more successful at work, because he is more trusted and willing to work with him. The teacher continues according to the selected situation: A – to effectively listen to a fellow student, you need to ask questions in a benevolent tone, investigate the background and give feedback. Use to illustrate, the <i>online</i> task that opens: https://sisuloome.e-koolikott.ee/node/23588 B – the best learning method is to teach your own knowledge and skills using effective listening and advising principles. The teacher and students agree that if the topic is sensitive for the speaker, the principle of confidentiality will be used.
- Task description for the students	For both A and B situations: The learner(s) who have a problem situation that they want to share with a fellow learner are given a few minutes to formulate the problem (they can write it down if they wish) and then share it with another learner in a communication pair. The second learner uses all the features of active listening and advises the speaker with supporting questions, trying to help identify the root cause and to clarify how it would be best to proceed with solving the problem: <input type="checkbox"/> What causes dissatisfaction or is it a difficulty in studying/working? <input type="checkbox"/> What are the reasons that have led to this situation?


	<ul style="list-style-type: none"> <input type="checkbox"/> How has the speaker himself already tried to resolve the situation? <input type="checkbox"/> Or what does he think would help to resolve the situation?
- Explanation for the students at the start	<p>Student A of communication pair: Please think of a problem in your studies (or life). Please write it down briefly. Share your concerns with another learner in a communication pair.</p> <p>Learner B of communication pair: Please listen to your fellow student's concerns using all the characteristics of active listening and advise him with supporting questions, which you will receive as a sample from the teacher. Help a fellow student to find out the root cause and to find out how best to proceed with solving the problem. When finishing the task, please thank each other.</p>
- Additional activities for the students	<ol style="list-style-type: none"> 1. Think about whether there have been/are people in your life for whom you cannot concentrate on listening and why is it like that when communicating with them? 2. Name the professions where the ability to listen to another person is very important. 3. Make notes of the most important experiences for you.
- Extra resources for learners	If the learner is able to perform internet searches, he can search for more information on the topic independently.
- Self-reflection for students	Share or write down individually which knowledge-experiences gained from the task will support you in the future.
- Possibility to check	The learner can independently check his knowledge about the skill of active listening through the attached online learning task.
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Illustration "Active listening" (photo: L. Männiste)

The interactive task opens from the link: <https://sisuloome.e-koolikott.ee/node/23588>

